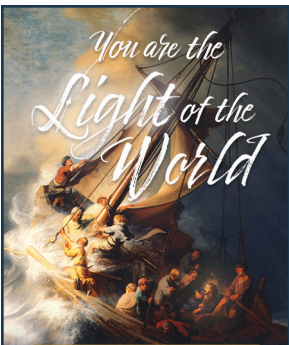


*You are the  
Light of the  
World*



## Jake Rasmussen

**Totus Tuus – Office  
of Youth Ministry and  
Faith Formation**

Good Shepherd,  
Jackson, former  
Totus Tuus Missionary

In my home parish, it seems that there's not many young people practicing their faith. When I attended Totus Tuus before becoming a missionary, it was encouraging and eye-opening to experience missionaries on fire for the faith. It made me want to practice my faith more. I always felt that practicing your faith was for older people, but Totus Tuus gave me a new perspective to see young people practicing it also. When you support the CMA, you support the future of the diocese. Youth and young adults are allowed to immerse themselves in the faith at Totus Tuus, witness it in an exciting and fulfilling way, which shows them the true joy of God and encourages them to continue their faith into adulthood.

**Please give generously  
to the 2024 Catholic  
Ministries Appeal.**

[www.catholicfsmn.org/  
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2024

Catholic Ministries Appeal